National Institute of Environmental Health Sciences

Thunderstorm-asthma and pollen allergy

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Abstract:

Thunderstorms have been linked to asthma epidemics, especially during the pollen seasons, and there are descriptions of asthma outbreaks associated with thunderstorms, which occurred in several cities, prevalently in Europe (Birmingham and London in the UK and Napoli in Italy) and Australia (Melbourne and Wagga Wagga). Pollen grains can be carried by thunderstorm at ground level, where pollen rupture would be increased with release of allergenic biological aerosols of paucimicronic size, derived from the cytoplasm and which can penetrate deep into lower airways. In other words, there is evidence that under wet conditions or during thunderstorms, pollen grains may, after rupture by osmotic shock, release into the atmosphere part of their content, including respirable, allergen-carrying cytoplasmic starch granules (0.5-2.5 μm) or other paucimicronic components that can reach lower airways inducing asthma reactions in pollinosis patients. The thunderstorm-asthma outbreaks are characterized, at the beginning of thunderstorms by a rapid increase of visits for asthma in general practitioner or hospital emergency departments. Subjects without asthma symptoms, but affected by seasonal rhinitis can experience an asthma attack. No unusual levels of air pollution were noted at the time of the epidemics, but there was a strong association with high atmospheric concentrations of pollen grains such as grasses or other allergenic plant species. However, subjects affected by pollen allergy should be informed about a possible risk of asthma attack at the beginning of a thunderstorm during pollen season.

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Resource Description

Communication: ☑

resource focus on research or methods on how to communicate or frame issues on climate change; surveys of attitudes, knowledge, beliefs about climate change

A focus of content

Communication Audience: ☑

audience to whom the resource is directed

Public

Early Warning System: ☑

resource focus on systems used to warn populations of high temperatures, extreme weather, or other elements of climate change to prevent harm to health

A focus of content

Exposure : ☑

weather or climate related pathway by which climate change affects health

Air Pollution, Extreme Weather Event, Precipitation

Air Pollution: Allergens

Geographic Feature: ☑

resource focuses on specific type of geography

None or Unspecified

Geographic Location: ☑

resource focuses on specific location

Global or Unspecified

Health Impact: ☑

specification of health effect or disease related to climate change exposure

Respiratory Effect

Respiratory Effect: Asthma, Upper Respiratory Allergy

Mitigation/Adaptation: ☑

mitigation or adaptation strategy is a focus of resource

Adaptation

Population of Concern: A focus of content

Other Vulnerable Population: People with asthma

Resource Type: ☑

format or standard characteristic of resource

Review

Timescale: ☑

time period studied

Time Scale Unspecified

Vulnerability/Impact Assessment: ☑

resource focus on process of identifying, quantifying, and prioritizing vulnerabilities in a system

A focus of content